

Dalgarno Trust Community Centre, 1 Webb Close W10 5QB

Fridays 23/6, 30/6, 7/7, 21/7

1030 - 11.30am

Women only

Free of charge

Booking required at

www.bookwhen.com/dalgarnohealthprogramme

For info email healthworks@dalgarnotrust.org.uk

or call 020 8969 6300

YOGGA



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